



Welcome to Bright Opportunities



What activities we offer:



We offer arts and crafts sessions. Creating a variety of paintings, drawings and cards.



We have an allotment plot where we can go and learn to grow various vegetables and flowers.



We offer cooking and life skills .We prepare and cook our lunch daily and we weekly cook and bake something different.



We offer computer sessions. To learn how to connect and access the internet. To learn how to research different things and work towards a basic computer skills certificate.



We offer access to advocacy sessions within Bright Opportunities so you can be heard and speak up.

**What else would you
Like to do**



In our community- Buxton



Buxton town center



We use our local train to visit other towns and visit museums and plan where we would like to go next time.



We use Buxton's swimming pool to keep fit and healthy.



Walks for health. We plan and visit local routes in Buxton.



We offer employment opportunities in the community with support.



We offer life skills. This is using money skills in town with shopping. We help teach independence and confidence building. We teach how to access our community and to help learn how to keep safe and be aware of danger.



We can arrange transport if required.



We encourage, educate and help on healthy eating and choice.

Bright Opportunities Staff



We train all our staff, volunteers and managers on the importance of safeguarding vulnerable people we support.



We encourage whistleblowing and the importance of reporting all information which is vital to safeguarding.



All our staff and volunteers are fully trained to a high standard. Please ask to see how our staff are trained.

How to purchase our service:

Go on our website and fill in a form or ring us and we will ring you back.



We will then arrange to meet you and ask a few questions about how best we can support you. This is called a needs assessment...



You can pay us directly if you are receiving direct payments



- Get money from social services
- Spend it on support you choose
- Have more choice and control
- Be the boss of your life

You can also 'buy' our service directly or through your social worker.

Find out more



Call us

Tel : 07426 071966



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